



ADDITIONAL ACTIVITIES

Wednesday 7th October 2026

- 17.00-19:30 h** **Open Legacy Community Event** ([link to register will be shared soon](#))
I HAVE DIABETES AND WANT TO BECOME A MOM: WHERE DO I START?
- 17.00-18.00 **Riverside walk along the Ter** (route starts and ends at the Auditorium)
Guide: **Mariona Esteve**, Hospital Josep Trueta, Girona, Spain
- 18.15-19.30 **Preparing for a healthy pregnancy with diabetes** (held in Catalan or Spanish)
Chair: **Mariona Esteve**, Girona, Spain
- Voice of people with diabetes
Marta Puigferrer, Girona, Spain
- Endocrinologist perspective
Mariona Esteve, Servei d'Endocrinologia I Nutrició, Hospital Josep Trueta, Girona, Spain
- Obstetrician perspective
Alexandra Bonmatí, Servei de Ginecologia I Obstetrícia, Hospital Josep Trueta, Girona, Spain
- Diabetes nurse perspective
Ester López, Servei d'Endocrinologia I Nutrició, Hospital Josep Trueta, Girona, Spain
- Midwife perspective
Deborah Aguilera, Servei de Ginecologia I Obstetrícia, Hospital Josep Trueta, Girona, Spain